Vol. 20, No. 13

8th Fighter Wing, Kunsan Air Base, Republic of Korea

April 29, 2005

News Briefs

Reporting Threats

Service members, DoD civilians, contractors and family members must remain vigilant against potential threats off base and continue to take individual protective measures to reduce their vulnerability. Those temporarily living in off-base hotels while transitioning to new assignments are especially vulnerable. Report suspicious activity to Eagle Eyes at 782-EYES (3937).

Hot Volunteer Opportunities

The Kunsan Education Board is looking for volunteers to teach English each Saturday from 8:30 a.m. to 2 p.m., through July 30 to Korean students from third to 12th grade. For more information, call Ms. Rosemary Song at 782-5194.

Home Visitation Program

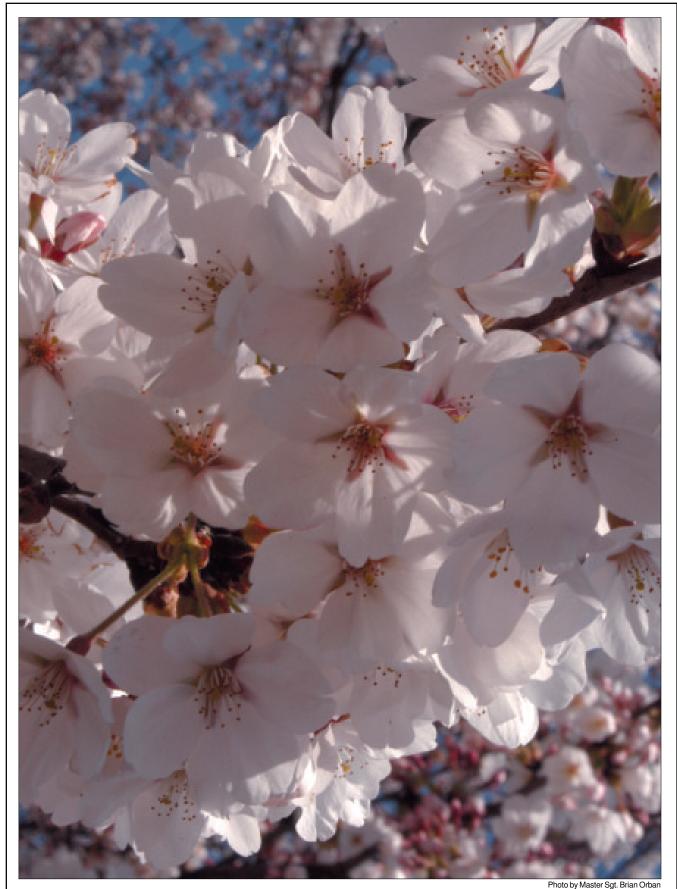
The Korean Red Cross Home Visitation Program offers an all-expenses paid chance to spend an evening with a local family. People leave Saturday for Jeon-Ju and return Sunday evening. Available May 21 and 28. For more information, call Ms. Rosemary Song at 782-5194.

New medal authorized

The Pacific Air Forces commander has approved the Global War on Terrorism Service Medal for all U.S military members assigned, attached, or mobilized to Pacific Air Forces for at least 30 consecutive or 60 nonconsecutive days from Sept. 11, 2001, forward. The Kunsan military personnel flight has completed a batch update for all Air Force members currently assigned to Kunsan and eligible to receive the medal in the military personnel data system. Airmen eligible to wear GWOT-S should view their decoration history in virtual MPF to verify the update was successful. If the update wasn't successful, contact the commander's support staff or MPF customer service for assistance.

"Week of Ice"

The 8th Services Squadron offer numerous specials throughout the week as part of its "Week of Ice." Some highlights are: SUNDAY—free bowling, 2for-1 lunch and dinner at the bowling alley; MONDAY — pool tourney at the CAC, "Jersey Day" offering \$2 off food purchases at services facilities; TUES-DAY — free Wolf Pack Wheels tickets, "lucky 8" offering free meal for every eighth person at services facilities (except Korean Garden). See the Howler for a complete list of events.



SIGNS OF SPRING

As temperatures on the Korean peninsula climbed into the 60s and 70s during the past several days, flowering cherry blossom trees on base and in the community continued to showcase their colorful flowers and hint that nature is waking from its winter slumber.

In this week's issue ...



Commando Sling

See Page 3



FFH Rocks Kunsan

See Page 5



Taekwondo tournament

See Page 8

Wolf Weather

6-day Forecast

Saturday Hi/Low

74/64 **Isolated Showers**

Tuesday Hi/Low 70/49 Partly Cloudy

Sunday Hi/Low

68/58 Partly Cloudy

Wednesday Hi/Low 68/50

Partly Cloudy

Monday Hi/Low 66/43 Partly Cloudy

Thursday Hi/Low 65/50 Partly Cloudy

No 'I' in a winning team - really?

By Col. Kristan Wolf 36th Medical Group commander

ANDERSEN AIR FORCE BASE.

Guam — Over the years, my favorite movies have become "The Mighty Ducks," "The Rookie" and especially "Remember the Titans." Was it because of the feel-good nature of the message? No, it was because they epitomized how I believed teams were built and what teamwork could accomplish. I'd always answered most challenges faced by a unit or an organization with, "the team can do it." Teams were much stronger than the individuals themselves or individuals gaggled together. There was no "I" in team.

Then, I was fortunate enough to attend a gathering where an author of "Chicken Soup for the Heart" gave a speech that made me totally restructure my views on teams and teamwork. He proposed that there was a difference in teams ... that there were teams and winning teams. The example he gave was from the 1990s when the Dallas Cowboys ruled the NFL and the Tampa Bay Buccaneers were at the bottom of the heap. He visited the two teams at their home stadiums.

What he found at Tampa was a cluttered locker room with empty pizza boxes on the floor and dirty towels strewn all over the benches. When he asked one of the players what he did, the answer he received was, "Play football."

He next visited the Dallas Cowboys. What greeted him there was an immaculate locker room, where he witnessed players picking up after themselves and taking pride in their surroundings. This time when he asked a player what he did, he was told, "Win Super Bowls!"

With that, the author clarified what he believe accounted for the differences in teams. There were two "I"s in a winning team. One was for independent growth and accountability, while the other was interdependent collaboration. After mulling over that concept for a few hours, it suddenly dawned on me there was also a "G" in 'winning teams.'

Unlike Tampa Bay, the leaders of the Dallas Cowboys had set a goal, or defined a vision, for the team and set an expectation of personal performance. Their players were acutely aware their job was to win Super Bowls, not to just play football.

Once a vision has been identified, then team members, sometimes with the aid of supervisors and coaches, can define what their role is in achieving the team's goal. The guards and tackles on the offensive line of a football team know their job is to not let the other team's defense get to the quarterback. They are to protect him to prevent a sack which could change the outcome of the entire game. Each is responsible for the three feet in front of him, the three feet behind and the three feet on either sidenine square feet.

Each of us is a member of multiple teams family, work, base, As good team members, each of us should ask ourselves,

"What is the team's goal and what are our 'nine square feet'?" What do we need to know, and what do we possess to perform well?

Then, each of us must complete a self-evaluation and identify those things we need to improve. Ask for constructive criticism from peers and supervisors. Insist on feedback. Then set to work to fix those things and take accountability for all areas of responsibility in that "nine square feet." That's the first "I" in a winning team.

During a recent inspection, I witnessed a great example of the second "I" when services, logistics and medical group Airmen worked handin-hand to pull off a smooth reception of forces. Any one of the units could have stumbled and caused the entire team to fail. No one player can be the single star. Just ask the LA Lakers this year. Each member must mesh actions with the others.

Ask yourself, "What other sections

are critical to my shop getting its job done?" "With whom do I need to build bridges or network?" "Where do I have room to negotiate?" "What's the bigger picture?" "What can I do to help another section?" Then take action on your findings to ensure strong collaborative efforts.

Finally, it's good to remember that we all have some collective responsibilities in our "nine square foot" box. We are all responsible for the appearance of the installation, for operational safety, for the safety of each other and for the example we set as members of the Air Force.

Leaders set the "G"oals and vision. It's now time for each of us to make sure we've done our part in our "T"ndependent improvement and accountability, along with our "T"nterdependent collaboration, so we score the winning run to remain a "winning team."



LISTEN

Wolf Pack Radio 88.5 FM WEEKDAYS — 5 TO 9 A.M., AND 3 TO 6 P.M. **REQUEST SONGS** AT 782-4373 OR WWW.AFNKOREA.COM

LISTEN

To your leadership **EACH FRIDAY** FROM 8 TO 9 A.M., ON 88.5 FM

Have an interesting story, special hobby or unique job? Tell the Wolf Pack Warrior all about it. Submit story ideas to WolfPack@kunsan.af.mil or call Public Affairs at 782-4705

PRIDE OF THE PACK

Unit: 8th Maintenance Squadron **Duties:** Munitions flight Hometown: Mt. Morris, Mich.

Follow-on: Holloman Air Force Base, N.M. **Hobbies:** Hunting, Air Force high-power rifle team, woodworking and building computers

Favorite album: "The Punisher" soundtrack

Last good movie: The Lord of the Rings trilogy Best thing you've done here: 'Helping troops and meeting mission objectives.



Tech. Sgt. **Paul Myers**

"Tech. Sgt. Paul Myers' extraordinary efforts have greatly enhanced munitions flight production capabilities, supporting 1,084 daily and combat training aircraft sorties. His emphasis on having munitions in-place ahead of schedule has earned praise from both the 35th and 80th Aircraft Maintenance Units. He oversaw 2,472 bomb and 662 missile deliveries with zero munitions attributed delays. Sergeant Myers exemplifies the highest standards of dedication and determination. This unwavering support for organizational objectives has magnified the Wolf Pack's ability to "take the fight north!"

In addition to his top quality work with line delivery, Sergeant Myers also works to improve the lives of underprivileged children. He participates in a computer correspondence program with 10 special education children at Mesa Elementary School in Clovis, N.M. Through the school's educational staff, he uses e-mail to educate and inform children about life in Korea as well as being a member of the United States Air Force. He is truly a model NCO for all to follow, and is highly deserving of recognition as the 'Pride of the Pack!'

- Maj. Richard K. Spillane

8th Maintenance Sauadron commander

Wolf Pack Warrior

Vol. 20, No.13

Defend the base Accept follow-on forces Take the fight North

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Content

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Submissions

Deadline for submissions to the Wolf Pack Warrior is noon Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the right to edit all submissions to conform to Air Force journalism standards. local style and available publication space. Submissions should be e-mailed to WolfPack@ kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

Contact Us

People with questions, comments, suggestions or submissions can contact the public affairs office at: 8th FW/PA

PSC 2 Box 2090

APO AP 96264-2090

We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at 782-7568.

ACTION LINE

782-2004

action.line@kunsan.af.mil



Col. William W. Uhle Jr. Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number and a brief description of your problem or concern. You can also send an e-mail to 8 FW/CC Action Line.

AAFES Customer Service	782-4426
Area Defense Council	782-4848
Base Exchange	782-4520
Chapel	782-4300
CES Customer Service	782-5318
Commissary manager	782-4144
Civ. Personnel Office	782-4570
Education Office	
Dining Hall	782-5160
Fitness Center	
Golf Course	
Housing Office	
Inspector General	
IDEA Office	
Law Enforcement Desk	
Legal Assistance	
Military Equal Opportunity	
Military Pay	
Military Personnel Flight	
Medical Patient Advocate	
Network Control Center	782-2666
OSI	
Public Affairs	
Telephone Repair	110

Airmen train during Commando Sling

Wolf Pack, Singaporeans team during Joint exercise

By Capt. Kristin Haley 8th Fighter Wing Public Affairs

More than 70 Airmen from the 35th Fighter Squadron and 8th Maintenance Group here deployed to the Republic of Singapore Tuesday to train with Singaporean forces during exercise Commando Sling 05-3.

The exercise runs until May 18 and is designed to improve pilot air-to-air combat proficiency, test realistic, dissimilar aircraft air-to-air combat training for forces of both nations while providing a U.S. presence in Southeast

Col. Paul Strickland, 8th Operations Group commander, said this exercise provides his pilots with an opportunity to focus their efforts in air-to-air combat proficiency.

"The experience they gain will be invaluable. They will return with an appreciation of other Air Force tactics," the colonel added.

The exercise includes Kunsan's F-16 Fighting Falcons and Singaporean F-5, A-4 and F-16 aircraft.

The 35th Fighter Squadron began preparing for the deployment weeks prior to leaving. According to Lt. Col. Peter Davidson, 8th Operations Group deputy commander, they used a "building block" approach, which included focusing their efforts for the air-to-air training weeks ago. While there, the initial sorties are dedicated to orientation-type missions and progress each week. After the initial orientation, the missions focus on pitting one aircraft against another in basic fighter maneuvers commonly known as dogfighting.

Following these "warm up" sorties, the exercise will quickly evolve into more complex air combat maneuvering and finally culminate ies beyond visual range.



F-16s from the 35th Fighter Squadron line the end of the runway Monday for a final check prior to taking off for Commando Sling 05-3. More than 70 Airmen are depolyed from Kunsan to the Republic of Singapore for the three-week exercise.

with air combat training with flights of up to eight aircraft for each force using radars to intercept adversar-

The pilots perform various air defense and sweep roles against enemy forces, but not all training happens in the air. After the aircraft again for the next go.

land, crews from the 8th Aircraft Maintenance Squadron will ensure the jets are airworthy and ready to take off

It's never too late to quit that nasty habit

Kunsan offers counseling, medicine, tips, to help 'kick cancer sticks'

By Staff Sgt. Kurt Arkenberg 8th Fighter Wing Public Affairs

Each year, millions of Americans try to quit and for each quitting attempt, many are successful. Although nicotine is addictive, many depend on sheer willpower to quit the drug. Many are more likely to succeed in permanently quitting tobacco with help from others, including Wolf Pack health-care pro-

'Most people did not start smoking with the intention of becoming an addict," said Maj. Belinda Haines, 8th Medical Aero Medical Squadron Health and Wellness Center. "Smoking has been part of our culture and many people start because their friends start, or they want to be 'grown up' and part of a lifestyle where smoking is impor-

"By the time they realize it's not something they want to do forever, they're addicted."

According to Major Haines, if there was nothing pleasant about nicotine, it would not have the potential to become addictive.

'Early on, smokers realize nicotine seems to help improve concentration, decrease appetite and improve one's mood but at some time. most smokers realize they would have been better off not smoking, "

Each year, nearly 70 percent of all active-duty smokers want to quit. A good percentage of those try to guit and find it's not so easy. Many are accustomed to smoking more than 10 cigarettes per day, some smoking within five minutes of getting up in the morning.

According to surveys, there are specific times when the urge for a cigarette can be overwhelming. Without a smoke, the individual becomes highly stressed, irritable and unable to concentrate. At some level, smokers may come to realize that smoking is out of control. When the urge strikes, it becomes an obsession and use becomes compulsive.

These components — symptoms of withdrawal, out of control use and obsessive-compulsive use — are what define nicotine as one of the most addictive drugs we have today. Many non-smokers don't appreciate the struggle it takes many smokers to permanently quit.

The Air Force wants smokers to quit. Nicotine addiction adversely impacts readiness and the military's mission. In a field setting, a lit cigarette becomes a beacon in the dark, and cigarette butts can be an important clue to enemy intelligence.

Nicotine withdrawal decreases tolerance to stress, decreases the ability to concentrate, increases personal irritability, and can disturb the sleep cycle needed for optimal performance. Tobacco smoke itself decreases the amount of oxygen and increases the amount of carbon monoxide in the blood so that personal endurance is decreased. Most smokers already realize these facts and are willing to quit if this can be accomplished successfully.

"While simple advice might help a number of smokers, we know that through the use of additional counseling, positive social support, stress management, nu-



Photo by Staff Sgt. Kurt Arkenberg

tritional counseling, nicotine replacement therapy and anti-craving medications, we can help a far greater number," said Major

All these options are currently available to military health care beneficiaries through medical treatment facilities and health promotion programs.

To help kick the habit, the Kunsan Health and Wellness Center offers tobacco cessation classes beginning Thursday from noon to 1 p.m. and 6 to 7 p.m. For more information, call 782-4305.

Bicycles or vehicles — register them soon before they're 'rounded up'

By Staff Sgt. Kurt Arkenberg 8th Fighter Wing Public Affairs

The "PCS season" is underway and with that typically comes the rise in unwanted and unregistered vehicles, both automobiles and bicycles. To clear up the bike racks of Kunsan, the 8th Security Forces Squadron will do a bicycle "round-up" May 15 and confiscate all unregistered bikes. In addition, they have begun ticketing unregistered vehicles and will tow vehicles if they remain unregistered

The 8th SFS uses vehicle registration for many purposes but the one that hits home with the majority of Wolf Pack members is the help it provides in recovering lost or stolen property.

"It's part of the 'community standards," said Tech. Sgt. Aaron Hascher, 8th Security Forces Squadron. "(Bicycles) must be registered within seven days of purchase or arrival here and must be locked when unattended."

According to Sergeant Hascher, the program helps keep accountability of property and improve base appearance by eliminating abandoned property.

The May 15 round-up gives the Wolf Pack two weeks to get registered. After that, security forces members will impound bikes without a "KAB" decal and those left unsecured.

"Those whose bicycles are impounded must provide a letter from their unit commander or first sergeant explaining why it was unregistered or unsecured," said Sergeant Hascher. That letter and a current KAB bicycle registration are required before we will release

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BICYCLE DESCRIPTION 자전거 중						
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the bicycle back to them."

Virtually the same is involved with privately owned vehicles. Those vehicles must be inspected, insured and registered with the local USFK sticker to be legally driven here.

"One of the problems we see here is cars getting passed around for use on base without being properly registered, inspected or insured," said Sergeant Hascher. "This is against several paragraphs of USFK Regulation 190, and these vehicles will be impounded."

Security forces continue ticket-

ing suspected abandoned POVs or ones with expired registration or safety inspections. If the owner does not report to the security forces control center, located in building 590, within 72 hours of receipt of the ticket, a DD Form 2504/Abandoned Vehicle Notice will be issued. The owner then has 72 hours before the vehicle is towed and impounded.

As with bicycles, those whose vehicles are impounded will have to provide security forces with the letter and proof they've taken care of

all steps involved in properly registering their vehicle before they'll get it back.

But if Kunsan members can't find time to cut out the form on this page and register their bikes or take care of the paperwork to make their vehicle 'legal,' Sergeant Hascher has plans for the unclaimed property.

"If the vehicles are not claimed, the base property disposition board will dispose of the property in accordance with Air Force instructions and DoD directives," he said. "Basically, it'll go to DRMO."



This event will show off a variety of fashions ranging from Formal to Urban wear encased in an exciting and entertaining evening. Tickets on sale NOW.

Ticket Sale POC's
CES SSgt Chandra Davis 782-3300
MDG SSgt Qiana Dixon 782-0465
SFS MSgt Ellen Jones 782-4977
CPTS SSgt YaShari Finklin 782-4772
SVS SrA Shaundria Brantley 782-4619
LRS A1C Lasasha Woods 782-5203
OG 1st Lt Latoya McFields 782-8677

Sponsored by the Kunsan African American Heritage Association

This organization was established to help enhance and provide awareness to the local and base community on the African American culture and heritage. We also provide the base and local Korean community with understanding and awareness of African Americans in the community in order to improve cohesiveness.

Air Force releases quarterly assignment list Tuesday

RANDOLPH AIR FORCE BASE, Texas - The Enlisted Quarterly Assignment Listing for overseas requirements for the January - March 2006 cycle becomes available Tuesday.

Airmen need to work through their military personnel flights to update their preferences by May 20. Those deployed must work with their PERSCO representative to update assignment preferences. Airmen will be notified of their selection by mid-June.

EQUAL advertises upcoming assignment requirements, by Air Force specialty code and rank. Members are instructed to prioritize and update their assignment preferences based on the EQUAL list.

Airmen can view the lists on the Air Force Personnel Center Web site or at the MPF.



FFH

Grammy winners blend spirituality, rock 'n' roll to entertain Wolf Pack













TOP: Michael Boggs, guitarist for the band FFH, plays for the crowd here Saturday at the base soccer field. FFH, short for Far From Home held a free concert here to spread their message of spirituality and hope. MIDDLE: Volunteers of the chapel community cook hamburgers during the concert. ABOVE: Concert goers look on as the band belts out another tune. TOP RIGHT: Jennifer Deibler, lead vocalist, sings one of the Grammy-winning groups top songs. FAR RIGHT: Michael Boggs and Jennifer Deibler from the band FFH entertain the Wolf Pack and Koreans during the concert. RIGHT: Jeromy Deibler, vocalist and pianist, rocks at the soccer field. The group was invited to Kunsan by the 8th Fighter Wing Chapel in an effort to help bring a positive message to the Wolf Pack while they are far from home and loved ones.



Today

Pre-Separation - The family support center offers a pre-separation briefing each Friday for members about to separate or retire from 9 to 10 a.m. in Building 755, Room 215. To register, call 782-5644.

Personal Financial Management **Program brief** - The family support center offers a PFMP briefing for senior airmen and below attending newcomers' orientation from 3 to 4 p.m. in Building 755, Room 215. For more information, call 782-5644.

Free food night - The Loring Club offers a taco bar from 6 to 9 p.m. for club members.

Foosball tourney - The Falcon Community Center offers a foosball tournament beginning at 7 p.m.

Saturday

Late niter - The Loring Club offers a late niter until 4 a.m.

X-Box tourney - The Falcon Community Center offers a Nascar Racing tournament beginning at 3:30 p.m.

9-Pin No Tap bowling - The Yellow Sea Bowling Center offers 9-pin No Tap bowling beginning at 6 p.m. Entry fee is \$17.

Sunday

9-ball tourney - The Falcon Community Center offers a 9-ball tournament beginning at 3 p.m.

Bingo - The Loring Club offers bingo beginning at 2 p.m.

Sunday brunch- The Loring Club kicks off the "Week of Ice" by offering Sunday brunch from 10:30 a.m. to 1 p.m. Cost is \$11.95 for club members.

Week of Ice- Bowl for free at the Yellow Sea bowling alley all day.

Monday

Nifty Fifty - The Yellow Sea Bowling Center offers 50-cent bowling and shoe rental.

9-Ball tourney - The Loring Club offers a 9-Ball tournament beginning at 7 p.m.

Week of Ice - The Falcon Community Center offers 50 cent slices of pizza all day. Pizza and beer - The Loring Club offers \$1 longnecks and 50-cent slices from 6 to 8 p.m.

Week of Ice- Services offers \$2 off all food purchases when wearing a squadron jersey. All services facilities participating with the exceptrion of Korean Garden.

Triple feature - The Falcon Community Center offers triple feature movie madness beginning at 7 p.m.

Chapel Events

Reverend Dr. Billy Kim

The Reverend Dr. Billy Kim, pastor veritas for the 15,000 member Suwon Central Baptist Church, is scheduled to be the key-note speaker today for the 'Evening of Culture and Faith' at the Loring Club. The event features performances by a local Korean music school including a fan dance, drum production, folk songs and a youth choir as well as the world-renowned evangelist.

For more information, call the chapel

Tuesday

\$2 pitchers - The Loring Club offers \$2 pitchers and Kun Burgers from 6 to 8 p.m. Week of Ice - The Loring Club offers a 88-cent burgers duuring "Fibs, lies and whoppers" night in the enlisted lounge for club members.

Ladies night - The Yellow Sea Bowling Center offers free bowling for ladies beginning at 6:30 p.m.

Open chess - The Falcon Community Center offers open chess play beginning at 7 p.m.

Wednesday

Free food night - The Loring Club offers super social hour featuring chili and hot dogs from 6 to 9 p.m. for club members.

Cheap bowling - The Yellow Sea Bowling Center offers 75-cent bowling all day. **Karaoke** - The community center offers karaoke from 8 p.m. to midnight.

Comedy show- The Loring Club offers a comedy show featuring Steve Pearl and Will E. Robo at 7 p.m.

Italian day- The Yellow Sea Bowling Center offers meatball subs for %5.50 or spaghetti for \$5.25 all day.

Return and Reunion - The family support center offers a return and reunion briefing for those about to leave Kunsan at 3 p.m. in the HAWC classroom at the fitness center. For more information, call the family support center at 782-5644.

Thursday

Spades tourney - The Falcon Community Center offers a spades tournament beginning at 6 p.m.

Mongolian barbecue - The Loring Club offers Mongolian barbecue for 50 cents per ounce from 5:30 to 8:30 p.m.

Language class - The family support center offers a basic Korean language class from 10 a.m. to noon in Building 755, Room 215. Learn the Korean alphabet and some useful travel phrases for shopping, dining and using public transportation. Call 782-5644 to register.

Tuna day- The Yellow Sea Bowling Center offers tuna sandwiches for \$4 and doubles for \$4.95 all day.

Orphanage visit - The family support center offers a trip to help at a local orphanage. Transportation is free. Call 782-5644 to register..

Buck bowling The Yellow Sea Bowling Center offers \$1 bowling all day.

To submit events for 7-Days, send an email to 8 FW/PA WolfPack@kunsan.af.mil. Submissions must include time, date, place, and phone number.

Uncomina

Experience Korea on the following upcoming tours:

- •Hiking trip to Mt. Chiri and Hwawom-sa Temple Sunday.
 - ◆Korean Folk Village May 7.
 - ◆Yellow Sea Cruise May 8.
- ◆Mt. Naejang National Park May 14.
 - •Everland May 15.

For information on these tours. call 782-5213.



Today — "Miss Congeniality 2," rated PG-13, at 7 and 9:30 p.m.

Saturday — "Miss Congeniality 2," rated PG-13, at 7 and 9:30 p.m.

Sunday — "Man of the House," rated PG-13, at 6 and 8:30 p.m.

Tuesday — "Man of the House," rated PG-13, at 8 p.m.

Wednesday — "Cursed," rated PG-13, at 8 p.m.

Thursday — "Cursed," rated PG-13, at

Chapel Services

Latter-Day Saint - Services are Sunday at 3:30 p.m. at the chapel.

Catholic services - Mass is Sunday at 9 a.m., and every Monday through Thursday at 11:30 a.m. at the chapel. Catholic Reconciliation is by appointment Monday through Friday, Saturday at 4:30 p.m. and Sunday at 8 a.m. R.C.I.A. is Wednesday at 7 p.m. in the chapel conference room.

General Protestant worship service is Sunday at 11 a.m., and the Contemporary Praise and Worship service

is Sunday at 6 p.m. Both

services are conducted in

Protestant services -

the base chapel.

Gospel - Gospel services are Sunday at 1 p.m. and the Inspirational Praise and Worship service is Friday at 7:30 p.m. at the chapel.

Sonlight Inn hours - The Sonlight Inn is open every Sunday through Thursday from 6 to 10 p.m., Friday from 6 p.m. to midnight, and Saturday from 6:30 a.m. to midnight.

Sunday School and Bible study - The chapel hosts several schools and Bible study groups at the Sonlight Inn. For more information, call the chapel at 782-4300.

Free Classifieds

Job Opening:

The base chapel has a parttime job opening for an accounting technician starting June 15. Closeout date will be June 1. For more information, call Tech. Sgt. Leland Tharpe at 782-4300.

Car for sale:

1987 Nissan Sentra, red. Runs gret. \$500 or best offer. Call 782-8856.

Volunteer opportunities Korean Orphanage:

Wolf Pack members interested in volunteering should call 782-5644.

Rock Climbers:

The Wolf Pack Fitness Center needs rock climbing instructors. For more information, call 782-4026.

American Red Cross:

Call 782-4601 for more information.

Wolf Pack Wheels

Departs Kunsan at 7:30 a.m. and 1 p.m. and departs Osan at noon and 6 p.m.

Monday through Thursday

Friday

Departs Kunsan at 7:30 a.m., 3 and 6 p.m. and departs Osan at noon and 10 p.m.

Saturday

Departs Kunsan at 7:30 a.m. and 10 a.m. and departs Osan at noon and 4 p.m.

Sunday

Departs Kunsan at 7:30 a.m. and noon and departs Osan at noon and 5 p.m.

One-way tickets, available at the community center, are \$12.50 for general Wolf Pack members or \$11.50 for the airman morale program, and \$25 or \$23 for round-trip tickets.

KUNSAN'S ONLY FULL-CONTACT VARSITY SPORT: RUGBY

The basic premise:

Rugby union pits two teams against each other, each vying to score more points than the other. This is achieved by carrying, passing or kicking the ball. Each team usually consists of 15 players, divided into backs and forwards.

The forwards:

Their collective role is to gain possession of the ball and get it to their backs, who try to develop a running play. There are eight forwards on a team, and they are regarded as the heavyweights of the team.

The backs:

They should be more mobile and convert the possession by the forwards into tries

Scoring:

<u></u>	
Try (touchdown)	5 points
Conversion	2 points
Penalty	3 points
Drop goal	3 points
Penalty Try	5 points
	 '

A try is scored by grounding the ball in the opposition goal area. For the ball to be grounded, the player must be holding it in his hand(s) or arm(s) when he brings it into contact with the ground. The ball can also be deemed to be grounded if a player falls on the ball, but the front of the body, from the waist to the neck must make contact with the ball. Every try is further rewarded with a conversion, and can increase the score by another two points. A penalty kick is awarded against the offending team following any rules infringement. A drop goal can be attempted at any time during open play. The ball is dropped onto the ground and kicked just as it bounces, and it must pass through the posts in the air.

Wolf Pack rugby's back

By 1st Lt. Michelle Estep 8th Fighter Wing Public Affairs

The Kunsan Wolf Pack Varsity Rugby team started the Combined Forces Korea Rugby Association League spring season this past weekend at Camp Casey in Dongducheon — only 18 kilometers away from the DMZ. Kunsan traveled the farthest to meet up with teams from Osan, Camp Humphreys, Camp Casey, and an ex-patriot team named the Seoul Survivors, and an all-Korean team from Daegu.

Rugby in the CFKRAL is usually in the form of 10 on 10 due to the size of the pitches on the peninsula. The Wolf Pack's first match was against the Seoul Survivors. The Survivors consist of players from England, New Zealand, South Africa and various other rugby dominating countries. The Wolf Pack Rugby team was a little out-manned and ended up on the losing end 35-0.

The next game was against the Korean Old Boys, an all Korean team from Daegu. After taking a beating by Seoul, the Wolf Pack bounced back by out scoring the Korean team 4 trys to 3 and won the game 21-14. James Reed, Josh Vine, Brad Bucholz and Chris Johnson each scored a try to help the Wolf Pack obtain their first win of the season.

The final game for Wolf Pack rugby was played against Camp Casey. The Pack dominated the first half and a score by Yuri Miller put them ahead at the half 7-0. The Pack quickly put another score on the board when James Reed scored his second try of the day to put Kunsan ahead 14-0. Unfortunately, Kunsan lost the game 21-14 due to minor injuries and simply running out of gas during the grueling one-day tournament. Kunsan ended up finishing third in the tournament and knocked off the previously unbeaten Korean Old Boys.

Rugby practice is 6 p.m. Monday and Wednesday at the soccer field across from building 1305. New players are always welcome. For more information, call Wayne Kinsel at 782-5163.

MAY FITNESS MONTH EVENTS

See May 6 edition for complete list

5K Poker Run

What: 5K Poker Run When: May 7 at 9 a.m.

Where: Wolf Pack Fitness Center Sign-up Participants may sign-up 15 min-

utes prior to start time

Wolmyong Park Bike Ride (Advanced Riders) What: 30 Mile Out & Back Bike Ride from

the Fitness Center to Wolmyong Park When: May 7 at 9 a.m.

Where: Wolf Pack Fitness Center Sign-up: Be at fitness center before start Other Info: Ride is geared towards the advanced riders. Meaning all riders should be able to maintain an avg speed of approx 12 to 18 mph and climb steep hills.

Wolf Pack Warrior Strength/Endurance Competition

What: Competition which will test the individual's strength and endurance — two minute push-ups, two minute sit-ups, and bench press competition.

When: May 14 at 9 a.m.

Where: Wolf Pack Fitness Center

Sign-up May 12

Teams must consist of two males and one female. All participants will be scored in all events.

RACOUETBALL

Team 8th Maintenance Squadron 8th Maintenance Operations Squadron 8th Mission Support Squadron 8th Security Forces Squadron 8th Civil Engineer Squadron 8th Operations Support Squadron 8th Logistics Readiness Squadron	W 14 10 8 7 6 6 5	L 0 3 6 6 8 8 9
WOLLEYBAR American League 8th Security Forces Squadron 8th Civil Engineer Squadron 1 8th Medical Group 1 8th Communications Squadron 8th Logistics Readiness Squadron 1 8th Aircraft Maintenance Squadron	LL 8 5 3 3 2 2 2	0 2 5 5 6 6
National League 8th Maintenance Squadron 8th Medical Group 2 8th Mission Support Squadron 8th Civil Engineer Squadron 2 8th Logistics Readiness Squadron 2	7 6 4 3 0	0 0 2 4 7

All events, games or classes will be held at the base fitness center, unless otherwise stated.

8th Services Squadron

Upcoming Events

Closest to the pin contest

◆The West Winds Golf Course offers a closest to the pin competition all day May 8. Tee times are required to play.

Longest drive contest

◆The West Winds Golf Course offers a long drive competition all day May 7. Tee times are required to play.

Home run derby

*A softball home run derby is scheduled for 10 a.m. Saturday at the softball field.

Training

Rock Climbing

◆Tuesday from 5 to 8 p.m.

- ◆Wednesday at 10 a.m. to 1 p.m., and 5 to 8 p.m.
- *Saturday from 10 a.m. to 1 p.m. Limited class size. Call 782-4026 to register.

Aerobics

Spin Class

◆Monday through Thursday at 5:30 a.m., Monday through Thursday at 6 p.m. Sunday at 4 p.m.

Step Class

◆Monday and Wednesday at 5:30 a.m.

◆Tuesday and Thursday at 5:30 p.m.

Cardio Circuit

◆Monday at 5:30 p.m.

Pilates

◆Wednesday and Friday at 5:30 p.m.

Saturday at 10 a.m.

Martial Arts

Hapkido

◆Monday through Friday at 8 a.m. and 6:30 p.m.

Tang Soo Do

- Monday through Friday at 6:30 and 11 a.m., and 7 p.m.
- Saturday at noon

Tae Kwon Do

◆Monday through Friday at 11 a.m. and 8 p.m.

Kuna Fu

◆Monday through Thursday at 8 p.m. Information provided by 8th Services Squadron

ROKAF/USAF

Second Annual Tackwondo



ABOVE: Staff Sgt. Joseph Giovanni, 8th Logistics Readiness Squadron, breaks boards during the Second Annual ROKAF/USAF Taekwondo tournament held April 22 at the Wolf Pack Fitness Center. TOP RIGHT: A member of the Republic of Korea Special Forces Demonstration Team leaps high into the air during the exposition portion of the tournament. RIGHT: Col. William W. Uhle Jr., 8th Fighter Wing commander, and Republic of Korea Air Force Col. Kim, Jong Sik, 38th Fighter Group commander, exchange greetings with Kunsan Taekwondo tournament organizers.



Photo by ROKAF Sgt. Yi, Un Hyonk



Photo by ROKAF Sgt. Yi, Un Hyonk



Photo by ROKAF Sgt. Yi, Un Hyonk

Local youths demonstrate taekwondo movements for the crowd during the tournament April 22 at the Wolf Pack Fitness Center.



Senior Airman Devin Boatwright, 8th Maintenance Squadron, attacks his opponent with a jump kick.